

AUGUST 1964

# Home

M A G A Z I N E

TAMWORTH EDITION





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*for your home*

# SCENTOL

## DISINFECTANTS



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Come Co-operative Shopping . . .

New SCENTOL AMBER—and  
ever-popular SCENTOL PINE.

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extra protection so safely,  
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~~2/3~~ size **1/6**  
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*Come Co-operative Shopping*

*for a safer sweeter home*



**The Sign of Saving  
at your Co-op Store**

## BROKEN CHINA MAKES A NOVEL FLOWER BOWL

IN a recent edition, you published a letter about flower containers made of tea or coffee pots, having lost their lids. In my friends' house I found a really lovely flower container made out of an earthenware pot covered with a mixture of cement and rough sand, and with broken bits of china embedded on the surface of the cement mixture.

I think making use of broken china in this way is an excellent idea.

Andrea Schiffner, Winchmore Hill, London.

### FISHY STORY

On a deserted south-coast beach, I saw a middle-aged couple examining a dead porpoise, which had obviously been washed up overnight. Then the husband put together his fishing-rod, hooked the line to the porpoise's mouth, and struck a pose, with bent rod and straining muscles, as if he were dragging it in.

Meanwhile, the wife levelled the camera and gravely took what was, undoubtedly, the picture of a lifetime! I've wondered since what fisherman's tale he told when showing the picture to his friends!

Mary Ellis,  
Hounslow, Middlesex.

### ROOM FOR EXPANSION

If you suffer from swollen feet, try lacing your shoes with round elastic instead of laces. Knot one end of elastic at the bottom eyelet, lace up and knot the other end. It certainly does allow room for expansion.

Mrs E. Smith, Wrexham.

### KIND NURSES

Recently, I visited a friend in an orthopaedic hospital. The lady in the next bed was delighted when a nurse, wearing outdoor uniform, came to her bedside. It was the nurse who had attended to her when she had fallen and broken her arm the previous day.

I thought it most kind that a busy nurse would spare the time, when going off duty, to visit a patient in another hospital, more than two miles away!

Winifred Mason, Gateshead.

### OUR COVER

Oh, the treasures you can find in a shrimping net. Shells and seaweed, a crab's claw . . . and maybe even a shrimp or two!

### CLEVER HEDGEHOG

My small daughter was collecting fir cones, and returned with a very faraway expression on her face. She tipped a carrier bag out at my feet and in a dreamy voice, said, "I

have just seen a hedgehog lay all these."

Mrs C. J. Thorndyke,  
Crewe.

### DUTCH METHOD

When I was staying in Holland, a lady showed me her large linen cupboard, full of sheets, pillow cases, tablecloths, etc.

All looked as if they had been perfectly ironed, but to my surprise she told me that nothing there had been ironed.

She explained that it was the Dutch custom to fold the articles carefully, and then place a heavy weight on them.

Many times since I have tried the Dutch method and found it successful.

Mrs J. Reeves, Whitstable.



\* \* \* \* \*

## Guinea letters

### STILL FAVOURITE

My favourite weighing machine was in a Co-operative drapery store. It always registered a few pounds lower than any other machine I weighed myself on.

The other week I went to get weighed, and there was a card on it, "Out of Order." I went a couple of weeks later and it had been taken away.

When it was back again, I got on it and was delighted to see I was a stone lighter than in April of last year. This machine is still my favourite.

Miss W. Brandon,  
Elton, Bury.

### STRANGE TRADE

While visiting my daughter in South Africa, I was very surprised to see large posters on a row of shops being built, "Jones and Jones, Shop-lifters." Then I found this was the name given to shop builders.

Mrs H. M. Evans,  
Rhondda, Glam.

### LIKE NEW

I took your advice given in a recent issue, and looked on a tray outside a junk shop. I discovered a silver Victorian locket and a bracelet at 2s. 6d. each, in a badly tarnished condition. I gave them both a clean with a soft cloth soaked in methylated spirit, and they came like new. I am quite pleased with my bargain.

Miss B. I. Herford, Brighton.

### WHAT THE QUEEN HAS

Claire, six-and-a-half years old, loves stories about queens and beautiful princesses, who all have long golden hair, beautiful clothes, eat off golden plates, etc.

Recently, cutting herself a piece of Swiss roll, she sighed, "I suppose this Swiss roll would have diamonds stuck in it if the Queen had it for tea."

I. H. Willoughby, Essex.

### HOT SEAT FOR HEN

Whilst working on a new bungalow, my son left his car standing near a poultry farm.

Making the homeward journey of six miles the controls of the car did not respond correctly, so on arriving home he lifted up the bonnet to try and locate the trouble.

Sitting on the engine was a live hen, and a new laid egg. The egg was slightly cracked, but the hen was no worse after what must have been rather a warm spot for a drive.

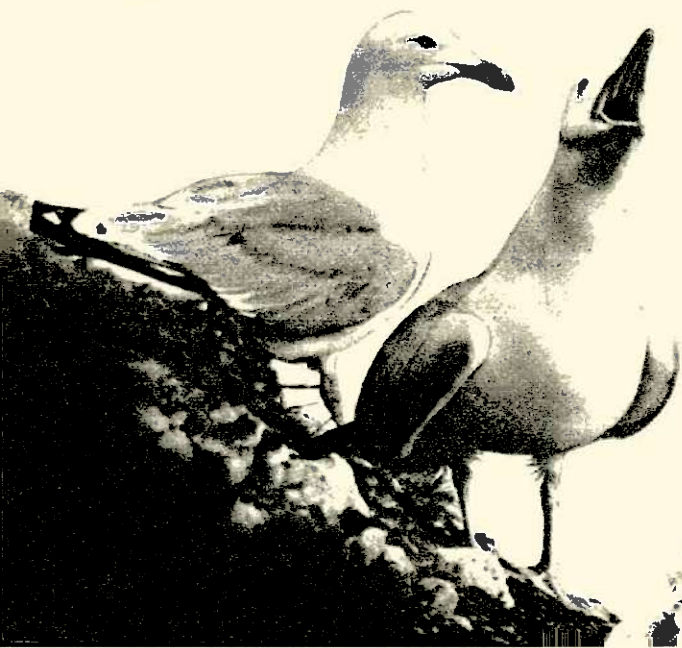
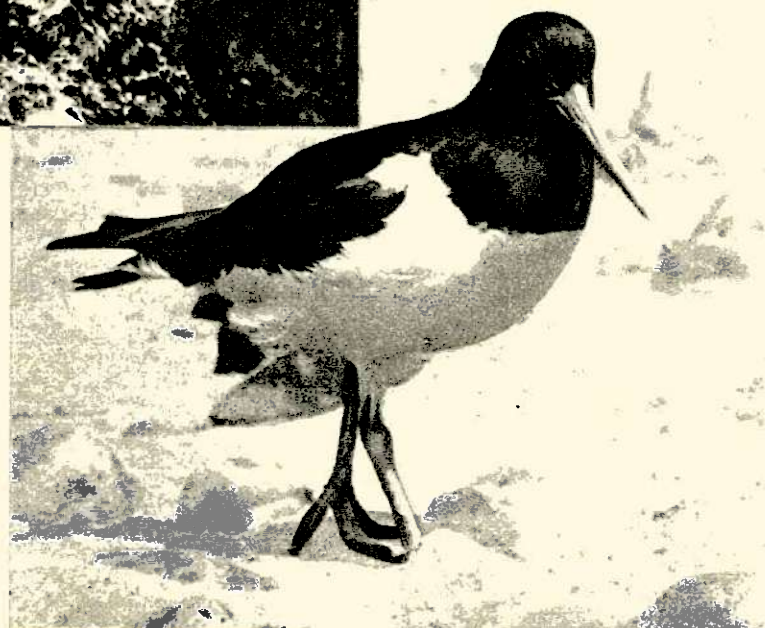
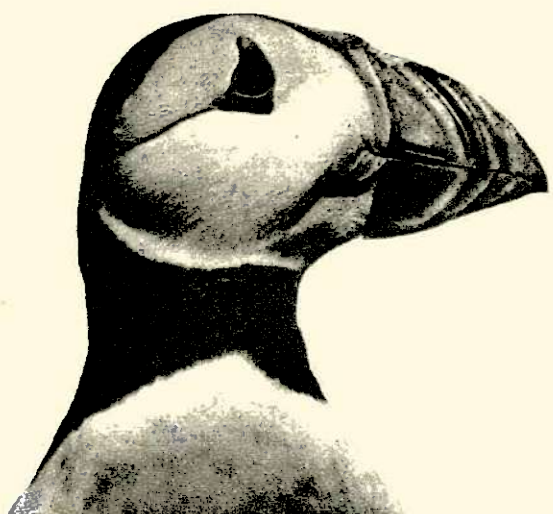
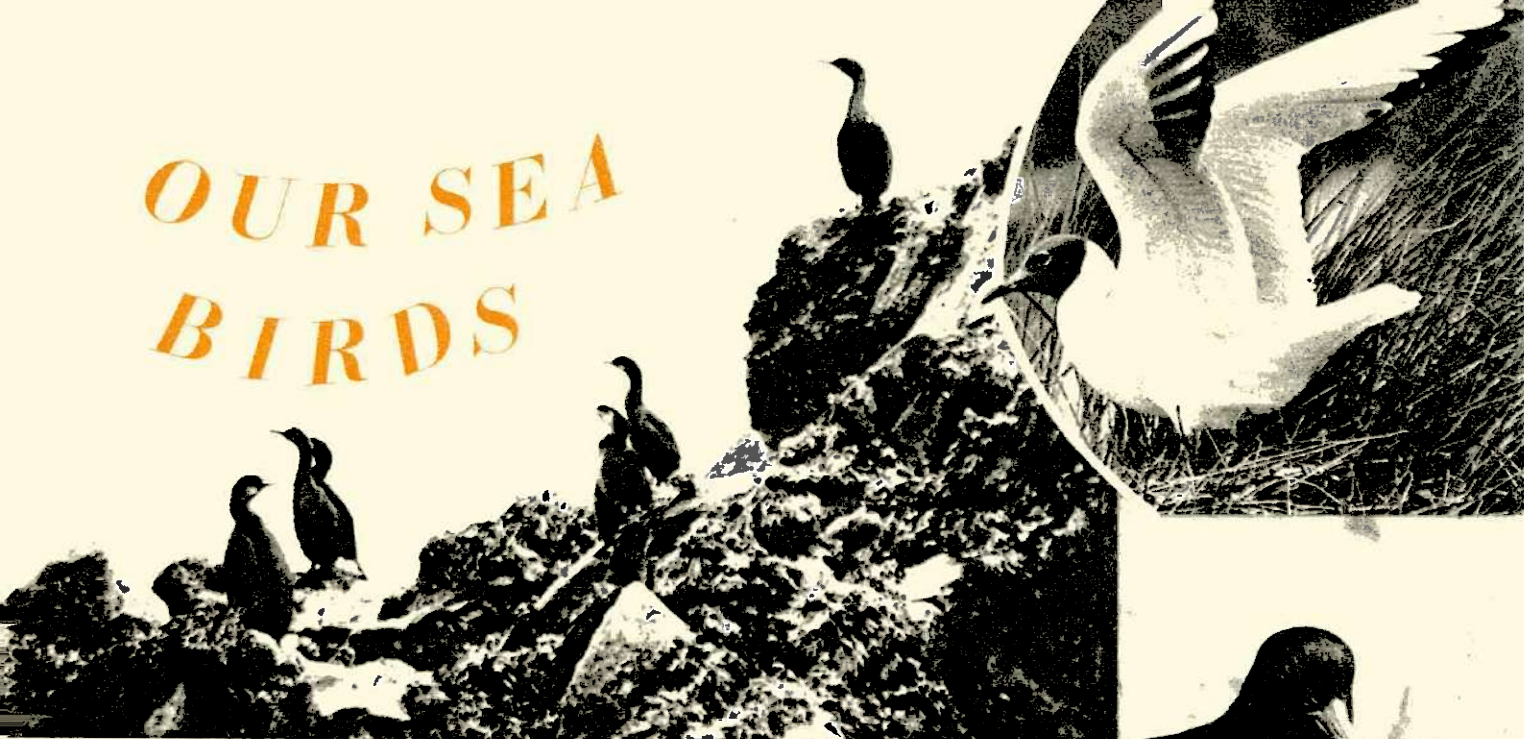
Mrs W. Blackhurst,  
Preston, Lancs.

**AUGUST, 1964  
Vol. 69, No. 8**

Write to Eve Norman, Home Magazine, 1 Balloon Street, Manchester 4, not more than 100 words, please. We will pay a guinea for each letter published.



# OUR SEA BIRDS



TOP: left, cormorants;  
right, black-headed gull

MIDDLE: left, puffin;  
right, oystercatcher.

BOTTOM: left, herring  
gulls; right, gannets.



**T**HERE is something strangely fascinating about the birds of the sea.

What that "something" is cannot easily be defined. They seem to be a race apart, aloof, entirely independent of man. Their peculiar, often plaintive cries breathe the spirit of the mysterious, restless waters above which they perform their aerobatics.

From deck-chair or pier we gaze in admiration as gull and gannet, guillemot and tern display mastery of the air, wheeling and gliding against an inshore breeze with effortless grace. This display of flawless aerobatics is not staged for the entertainment of human visitors to the seashore. Our presence is ignored, for the sea birds of Britain were carrying out similar aerobatics countless thousands of years before man began his annual summer invasion of their domain.

Britain's sea birds are a mixed bag. Some are small and dainty, others large and ungainly, and at least one may be classed as the slum-dweller of birdland. Partly due to their remote, often well-nigh inaccessible nesting-places, and partly because of their wariness of man, naturalists have still much to discover about their private lives.

For centuries, certain species have claimed a rocky promontory, a particular stretch of coast, or some isolated island, as their rightful nesting places. It is a cause for wonderment how such concentrations of birds find enough small fish for their needs in local waters.

Fishermen believe a cormorant eats several times its own weight in fish every day. It can swallow a half-pound fish with no trouble. It has been known to gulp down a 2½ ft. conger eel.

**C**ORMORANTS like a ledge of rock, or an island all to themselves. This is just as well, for they are so filthy in their habits that it is doubtful if any self-respecting birds would mix with them!

Young cormorants are not fed like other birds. As soon as the parent arrives ashore with the morning's catch, there is a mad scramble among the brood to see who can get his head, and very nearly his shoulders, into his father's crop to help himself. Any fish dropped during this process is allowed to remain around the nest, so that decomposing fish is found around every nest in the colony.

Anyone would be well advised to think twice before visiting a cormorant colony during the nesting season, for no amount of washing or cleaning will remove the

## GLUTTONS

stench from shoes and clothing after ploughing one's way through a deep carpet of rotting fish.

Sea birds seem to favour peaceful co-existence—with the exception of our three largest species of gulls—the great black back, the lesser black back, and the herring gull. These are the bullies of the shore.

The great black back, as big as a goose and far more fierce and powerful, is regarded as a fearful ogre by the smaller sea birds. Measuring up to 3 ft. in length, with an enormous wing-span, it is a merciless foe indeed.

## BULLIES

There is no trick too low, or food too dirty, for the black back. Its appetite is so great that it takes a whole brood of ducklings to satisfy its needs. Fortunately there are seldom more than one pair of the black backs in a sea bird colony.

Its diet reflects its character, and ranges from carrion, especially dead sheep, injured or helpless ewes, rabbits, rats and moles, to wounded ducks, puffins, petrels, and the eggs and young of many kinds of sea birds. For light snacks it turns to crabs, starfish, whelks, worms and beetles.

## COMICS

The black back is also partial to mussels. If it cannot prise the two halves of the shell open, it will carry the mussel high into the air, then drop it on to a large rock. After two or three such drops, the shell is usually smashed sufficiently for the gull to extract its contents.

Perhaps the most exciting of all our sea birds is the gannet. It is the largest

species to nest around our coast, and has a wing span of over 6 ft. It nests in colonies numbering many thousands of birds, chiefly confined to the islands of Grassholm (off the Pembroke coast), Bass Rock, St. Kilda, Ailsa Craig, and a few islands in the Orkneys, Shetlands and Outer Hebrides.

It is indeed king of the air as far as sea birds are concerned. You may see it soaring on outstretched, motionless wings, at heights up to 300 ft. When it sights its prey—usually herring, mackerel, cod, salmon or whiting—the gannet half closes its wings and power-dives downwards into the water at fantastic speed, disappearing beneath the waves.

The prey is swallowed under water and the bird surfaces a considerable distance from the spot where it dived. It is said that a gannet never makes a fruitless dive.

The nearest approach to Bedlam in Britain must surely be a guillemot colony at nesting time. A crowded beach on Bank Holiday is nothing compared to the congestion in the colony.

**E**VERY square inch of the ledge or flat-topped rock is booked. So much so that every time a guillemot returns from the sea it just flops down in the centre of that teeming mass and blunders its way over nests, eggs—and fellow guillemots—until by some uncanny sense it reaches its own few square inches of territory.

The colony is in a constant state of turmoil, and whenever a few birds alight the unfortunate squatters on the edges of the rock are jostled off into the sea. Still, this has been going on for thousands of years, so maybe they like it that way!

Almost as numerous as the guillemots are the puffins, the clowns of birdland. As the breeding season approaches, the male bird grows a comical-looking and colourful beak, presumably to impress the opposite sex. When family cares are over, this ornate appendage is shed and the dashing gallant becomes once more a drab and unexciting-looking male.

A puffin is almost as adept at digging out a burrow as a rabbit. A cliff top may be honeycombed with burrows and at night the snoring of the underground sleepers can be clearly heard!

Ornithologists have long been puzzled as to how a puffin can catch up to ten fish and hold them in its beak without letting any escape. How can it open its beak to grab yet another fish when it has several in its beak already? It seems as though the puffin is both a clown and a juggler!

**Trevor Holloway**



# FUR



## collars are so cosy!

ENJOY the swank look of fur for only a modest outlay. Fur trims add little to the price of today's fashions, and even the imitations impart the soft, luxurious look of real fur to your clothes, writes Maureen Sandler.

You will find a delightful selection of fur-trimmed coats in the CWS autumn ranges, on sale at Co-operative stores.

Trimmings are featured on both plain and tweedy fabrics, and include long and short-haired furs, among them lamb, squirrel, persianelle, and zorrino, styled into a variety of attractive collar shapes.

You can enjoy the soft, cosy warmth of real lamb collars on coats like styles W107 and W109. The former is made in a choice of red/white, brown/white, or black/white tweed, in sizes 14-18, and costs about 9 gns. Its round collar forms a flattering frame for the face.

An attractive style is W109 in gold, green, and rust tweeds in sizes 12-18. It costs about 10 gns., and its light-coloured fur collar makes a pleasant contrast to the darker tweed.

For the woman who likes the elegance of black there is style W115. This smart coat, with its imitation Persian lamb collar can be worn with or without its tie belt. Made in sizes 12-18, it costs about 11 gns.

### JUNIOR STYLES

Fur adds elegance to the new Lanfield Junior Miss styles, too. For the girl who favours the long-haired furs, there is the luxurious black zorrino collar on style J86. This delightful double-breasted coat is in turquoise, royal, or black tweed, all combined with white. Made in sizes 8-12, it costs about £8 19s. 6d.

Soft, black velvet, as much a flatterer as fur, is used for the collar of another Junior Miss style. This is J84, a gay, youthful coat, with slit pockets and pouched front, drawn in by a half belt. Available in red or green, with velvet buttons matching the collar, it is made in sizes 8-12, and costs about £8 19s. 6d.

You will find more attractive styles like these in the Lanfield ranges. This season, the coats in these ranges have an accent on really excellent quality materials, while retaining modest pricing.



Left: A coat with a lamb collar, W.107 is in red/white, brown/white, or black/white tweed. Sizes 14-18, it costs about 9 gns.

Right: A gay Junior Miss coat in red or green, J.84 has black velvet collar and buttons, and half-belted blouse front. Sizes 8-12. It costs about £8 19s. 6d.





# THEY WANT TO BE SMART

Sharon looks very pretty and smart in her Top Form school skirt, made in Terylene/worsted, style Kate. She has a white GB2 blouse. Special colours are available for blazers, ties, caps, and other garments for boys and girls.

**T**HIS is an expensive time of the year for most families. The holiday spending spree is just over, and more expense has to be faced to rig out the children for their return to school.

The problem of what sort of clothes to buy is often taken care of now that uniform is favoured, if not demanded, by more senior, comprehensive and even junior schools.

With the same garments being worn day after day, however, parents demand quality to stand up to the sternest wear and tear. And youngsters are taking more interest in their appearance.

The gym-slip, especially for the older girls, is on the way out. The smart skirt, with either pleats or gores, is taking its place. This is worn with blouse and tie, the white blouse still popular.

## Well-cut shorts

For boys, smart slim-line trousers are popular. Even the younger boys are critical. Shorts must be well cut, and the trend is to wear them well above the knee, continental style.

Black and navy blue are still the most popular colours both for boys' and girls' schoolwear, with a secondary trend towards colours such as bottle green and brown.

The CWS make a comprehensive range of school wear, available through your local retail Co-operative store.

Bee-Day blazers for both girls and boys can be obtained in the same cloths, blended wool with nylon warp, and cotton and wool reinforced with nylon. All the blazers feature an inside zip pocket, taped seams throughout, stayed pockets, double elbows for extra strength, and inlay for sleeve lengthening.

Sizes cover ages from five to 18 in eight standard colours. Blazers in other shades can be made to order at a slightly increased cost.

Boys' top-quality black and navy blazers bear the label of the Retail Trading Standards Association for extra hard wear.

For the younger boy there are well-cut shorts in Terylene worsted, 55% Terylene and 45% worsted, and Flanlon, 85% rayon and 15 per cent nylon. Both types are available with either elasticated tops or tab fastener, self-supporting tops.

Flanlon shorts carry a six months' guarantee, and for all sizes the price is 19s. 6d. The Terylene worsted shorts are priced from 29s. 6d.

A youth's first venture into long trousers is, for him, a notable occasion. The CWS supply a stylish slim-line trouser, Mint, in a Terylene/worsted mixture for about 59s. 6d. These are also RTSA tested and fully washable.

Foam-backed fabrics have gained enormously in popularity, especially for raincoats. They can be used as an overcoat, saving the cost of a seasonal garment.

The CWS Don navy gaberdine is a foam-backed, silicone-proofed single-breasted raincoat for boys aged four to 16. Prices range upwards from 89s. 6d. The popular Strolite raincoat, a fully-proofed, navy union gaberdine, with its five-star features, is also available from 67s. 6d.

Grey shirts are still favourites for the younger boy, but as well as the flannelette the CWS make a smart grey rayon shirt, Monitor, in collar sizes 11½ to 14½. It has an open front with a semi-stiff collar and an extra collar. For the older boy white shirts have the greatest appeal. The popular CWS Lestar Junior is a drip-dry poplin shirt with an open front and semi-stiff collar.

Schoolgirls are much easier to clothe. The CWS Top Form range of school skirts cater for all ages with up-to-the-minute styles. They are pleated in Terylene/worsted cloth in grey, navy, bottle green and royal, with two styles.

## Gym blouses

Style Kate is mainly for the younger girls, having detachable straps. It is available in full length sizes 24 in. to 32 in. Prices are 29s. 11d. and 35s. 6d., according to size.

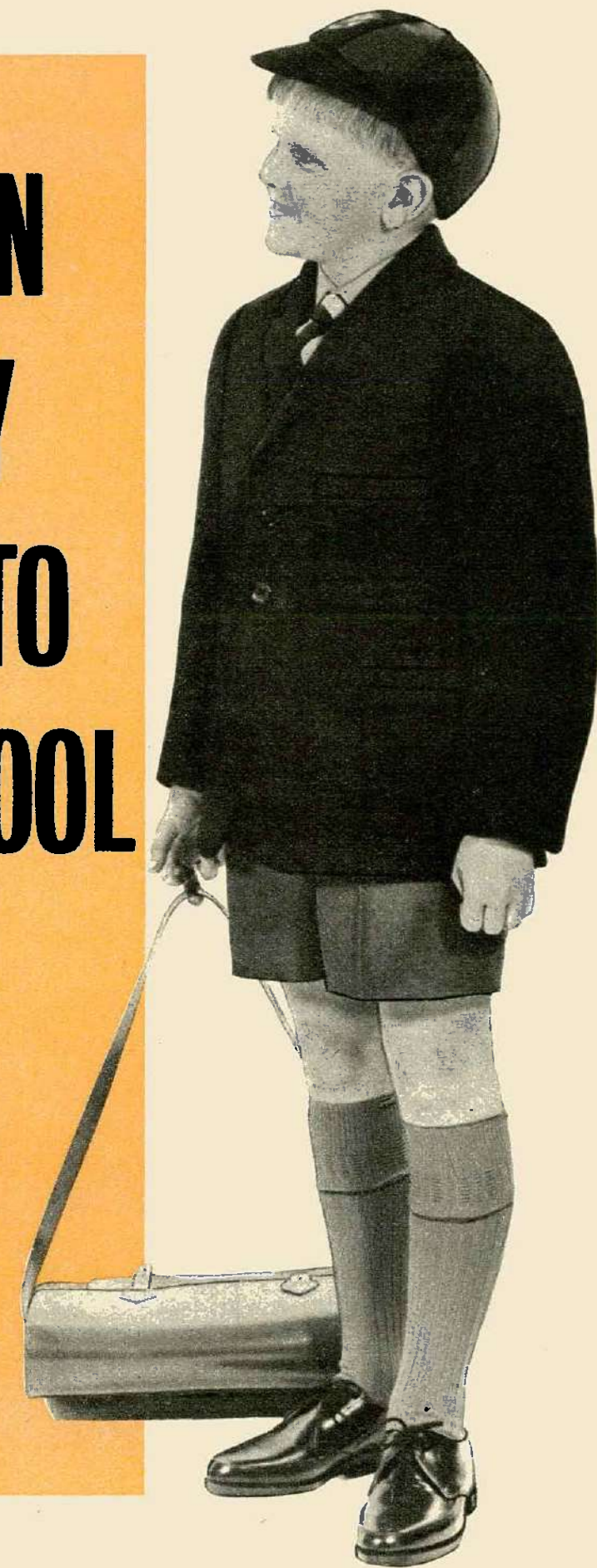
Style Ann, for the older girls, has an elasticated waist with a 3 in. stretch. Waist sizes are from 22 in. to 29 in., and lengths from 22 in. to 26 in. Prices range from 37s. 6d. to 45s., with sizes above 24 in. from waist to hem subject to purchase tax.

Both styles have side zip fasteners.

Complementary to the skirt are the GB2 gym blouses. In bust sizes 24 in. to 40 in., they are cotton poplin, Sanforized-shrunk garments in white, cream, blue and sky. Made with a double yoke, they are styled with shirt waists.

# WHEN THEY GO TO SCHOOL

Ian wears a Bee-Day blazer, CWS hosiery and underwear, and has Terylene/worsted shorts, and Chum Extra range shoes—soles and heels vulcanised—style MC604, price from 34s. 11d.







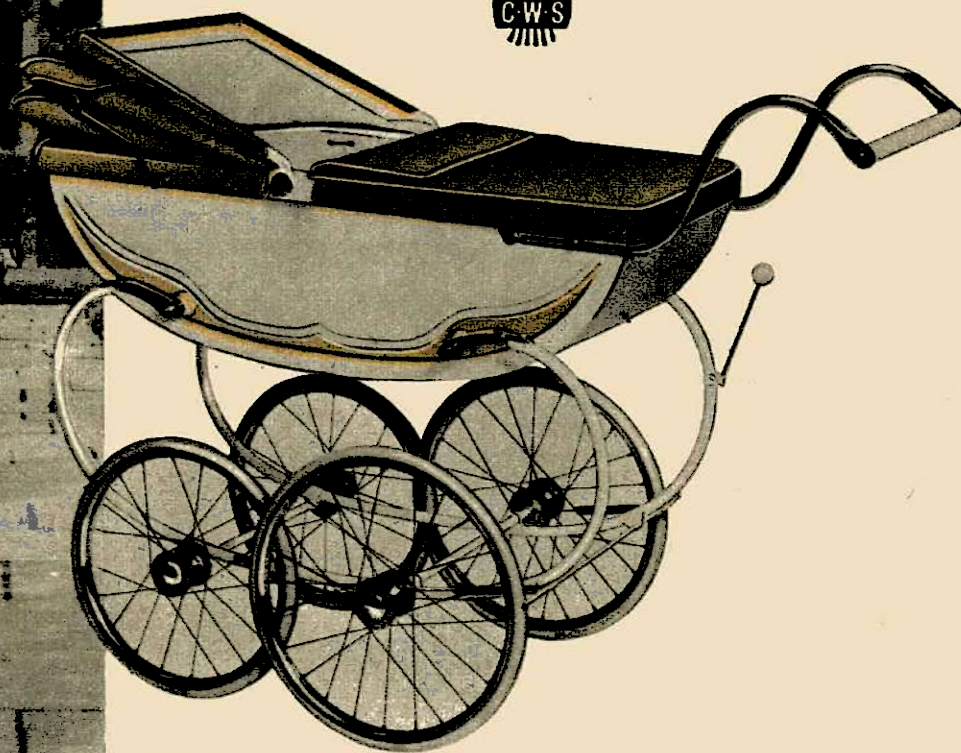
## BABY CARRIAGE PERFECTION

... is captured in the graceful elegant lines and smooth glide-along movement of the REGAL 64 Queen of the Road pram.

### REGAL 64 Model 653

38 in. boat-shaped body with convex panels. Fully piped upholstery. Fabric hood and apron. Tubular chassis with chromium plated box suspension. Safety brake. Chromium-plated 18/16 in. Nylon bearing wheels.

In a choice of eight brilliant two-tone colour schemes.



# QUEEN OF THE ROAD

## BABY CARRIAGES

Ask for free illustrated catalogue and H.P. details AT YOUR CO-OPERATIVE STORES or write to: C.W.S. LTD., FEDERAL WORKS, KINGS ROAD, BIRMINGHAM 11.

Mary Langham's

# Summer Specials



## APPLE AND BLACKBERRY CRUMBLE

$\frac{1}{2}$  lb. blackberries, 1 lb. baking apples, 4 oz. sugar.

**Crumble:** 4 oz. Federation or Excelda plain flour, 4 oz. brown sugar, 2 oz. Gold Seal.

Carefully cook the blackberries with the sugar. If cooked very slowly, no water will be required. Sieve through a nylon sieve. Peel, core and slice the apples and put into a well-greased, fire-proof dish, pour over the blackberry puree.

Rub the Gold Seal into the flour, stir in the sugar and sprinkle over the fruit. Bake about 45 minutes at Mark 4 (350°F.).

## STRAWBERRY DELICIOUS

1 lb. strawberries or a large packet frozen strawberries, 1 miniature bottle Cointreau, 1 oz. castor sugar, 4 tablespoons cream, 1 family brick ice-cream.

Put the strawberries, sugar and Cointreau into a bowl and mash thoroughly. Lightly whip the cream and fold in. Spoon the ice cream into dishes, top with the strawberry sauce, and serve at once.

## LEMON MERINGUE FLAN

8 oz. CWS digestive biscuits, 4 oz. Gold Seal margarine, 1 tablespoon syrup.

**Filling:** 2 eggs, 2 oz. sugar,  $1\frac{1}{2}$  oz. CWS cornflour,  $\frac{1}{2}$  oz. Gold Seal margarine, 2 oz. castor sugar, 2 large lemons.

Crush the biscuits with a rolling pin. Melt the Gold Seal and syrup and stir in the crumbs. Press on to a greased pie plate and leave in a cool place until the case hardens.

Dissolve 2 oz. sugar in  $\frac{1}{2}$  pint water, add the finely grated lemon rind and bring to the boil. Blend the cornflower with the lemon juice and add the hot liquid. Cook for a minute adding the Gold Seal. Allow to cool, add the egg yolks.

Let the filling cool before pouring into the biscuit case. Whisk the egg whites until thick and dry, add 1 oz. castor sugar and whisk again until the meringue will form stiff peaks.

Fold in the remaining castor sugar. Spoon or pipe the meringue on to the pie and put into a slow oven until the meringue is crisp throughout.

## SICILIAN STEAK

4 pieces frying steak, seasoned flour, 2 oz. CWS butter, 2 oz. mushrooms, 1 small onion, 1 grapefruit, sugar to taste, 8 oz. CWS patna rice, 1 small packet Eskimo peas.

Dip the steaks into the seasoned flour and fry gently on both sides in the melted butter. Remove from the pan. Fry the onion rings until brown and then add the sliced mushrooms.

Meanwhile squeeze the juice from half the grapefruit and make up to  $\frac{1}{2}$  pint with water. Replace the steaks in the pan, adding the liquid with a little grated rind. Simmer until the meat is tender and the sauce slightly reduced—about 25 minutes. Add sugar to taste if the sauce is too sour.

Remove the pith and membrane from the remaining grapefruit and add the segments to the meat. Heat through. Mix the peas with the buttered rice and serve.

## CHICKEN CROQUETTES

1 oz. CWS butter, 1 oz. Federation or Excelda plain flour,  $\frac{1}{2}$  pint chicken stock or milk,  $\frac{1}{2}$  lb. cooked chicken (finely chopped), seasoning, good pinch ground mace, seasoned flour, 1 egg, CWS fish dressing, Shortex for deep fat frying.

Melt the butter, and then add the flour. Add the liquid gradually stirring continuously. Bring to the boil and cook thoroughly. Stir in the chicken and add the seasonings. Spread on a damp plate and leave to go cold. Divide into eight portions.

Form into cork shapes about 2  $\frac{1}{2}$  in. long and 1 in. thick. Dip in the seasoned flour and then in the beaten egg. Coat with fish-dressing.

Deep fat fry in Shortex until heated through and golden. Leave to go cold and serve with salad.

## SPECIAL MINCE PATTIES

Thin slices bread, 1 lb. minced lean beef, 1 small onion (grated), 1 oz. dripping, salt and pepper, good pinch CWS curry powder,  $\frac{1}{2}$  pint gravy or stock, 1 teaspoon CWS cornflour.

Mix the mince with the seasonings. Fry the onion in the melted dripping, add the mince and cook until the meat is brown. Stir in the gravy and simmer very gently until cooked. Thicken with the cornflour.

Meanwhile prepare the patties. Butter the bread on both sides, cut into squares and press firmly into patty tins. Put on to the middle shelf and bake until crisp and golden at Mark 4 (350°F.).

To serve, spoon the meat into the cases, garnish with slices of tomato and serve at once.



**C**OOL, calm and collected after her first visit to fabulous St. Peter's, Rome, and a little prayer to St. Christopher, the patron saint of all travellers.

Do you arrive at your holiday destination like that, or are you **all hot and bothered**?

Plan your holiday journey down to the last detail, and be radiant on arrival. Before you start out, write down all possible, nagging worries. The milkman paid, somebody to feed and look after the cat, the water, gas, and electricity shut off, the house locked up securely. Then, once you close the front door, banish thoughts of home from your mind, unless it's to send a friendly postcard.

### Colourful headscarf

Take with you, for the train, plane or boat trip, a good supply of tissues, a stock of your favourite make-up, and if not a hat, then a colourful headscarf to protect your new hairdo in case it is raining on arrival, or—lucky you—in case the sun beats down too strongly.

Some time before you depart, acquaint yourself with the customs of the country you are visiting. It might save you a lot of embarrassment, as, for example, the perils of appearing in too scanty a swimsuit on a Spanish beach, too scanty in the eyes of the Spanish police. Your local library will help. And, of course, the **Co-operative Travel Service** will put you wise on the stickier points, like currency, and any regulations you must conform to.

And when in Rome, for heaven's sake do as the Romans. Don't expect your distant destinations to be flowing with lemonade, with a British fish-and-chip shop round every corner. Try eating the local food for a change, and identify yourself with the life that is going on around you. That way you will make friends and have the kind of holiday that is wide open to enjoyment and adventure.

# DISTANT

# DESTINATIONS

# VARIETY FARE

## Your hair

Before going away, have your hair cut and styled at the nearest society hairdresser. Have a simple set.

Elaborate styles are difficult to keep under control on holiday, and a long journey can play havoc with them. Salty, sandy hair will need to be washed, so don't forget to take with you a bottle of Crysella coconut oil shampoo.

Setting problems can be solved with Crysella wave-setting lotion, and afterward your hair can be kept firmly in place with Crysella spray-on hair lacquer. This is delicately scented and not overpowering, and will keep your hair attractive during sightseeing.



**Want to speed that ironing chore? Here's the tip you're looking for!**

*For quick and even damping of dry clothes before ironing use an old sugar dredger for speed and evenness.*



## Your make-up

Other aids to beauty that you should pack include Crysella talcum powder in its attractive blue tin, and Crysella lavender water and eau-de-Cologne.

Under a really hot sun you will need calamine lotion and Crysella lanoline cream to put back all the moisture extracted from your skin by the sun's heat.

And don't forget Crysella hand beauty cream to ensure that your hands stay soft and smooth.

## Pulley system keeps the mud at bay

**I**MAGINE! If the way was muddy, all you did was heave, and—presto!—the pulley system in the skirt pulled it up above mud level.

The dress, made when Queen Victoria was a young bride, was discovered in her uncle's wardrobe by Mrs Maud Simson, of Farnborough, Hampshire.

The golden yellow silk was still soft and fresh, the blue braid, stitched in intricate patterns around it, bright as new.

Miss Barbara Hibbs, a friend of the family, tries it on (right) before Mrs Simson sends away her offer to donate it to the Victoria and Albert museum.





# Where to eat cheaply in Paris

ABOUT 400 restaurants have now been listed in Paris where a three-course meal can be bought for seven francs (under 10s.) But unless you have your own idea where to go, eating out can be expensive.

Many of the lower-priced restaurants, however, not only give a full meal, but also include wine and service charge, so there is nothing else to spend unless on extras.

A proportion of the inexpensive places are cafeterias and self-service restaurants. The remainder, mostly small restaurants, offer more expensive, fixed-price meals, and also provide *à la carte* meals at higher prices.

So make certain they understand that you require the special, inexpensive meal. But because these meals cost much less than ordering *à la carte*, it doesn't mean they are not good. There's a world of difference between inexpensive and cheap.

The list of restaurants has been divided into 20 districts, with the general area listed under street and place names.

District No. 1, for instance, embraces the Louvre, Tuileries, Palais Royal, Place Vendome and Les Halles, the famous fruit and vegetable market with its cafes specialising in the wonderful onion soup, so beloved of the workers.

District 9 covers the Opera, Grands Boulevards, Place Pigalle, the night-club quarter, and Saint-Lazare. Incidentally, most of the main line termini are included in the list as inexpensive eating places.

One of the smallest lists is that of the Park Lane area of Paris—Palais de Chaillot, Bois de Boulogne, Auteuil and Passy, with only four restaurants offering less than luxury meals.

On the other hand, District 10, covering the Gare du Nord and Gare de l'Est, has a comprehensive selection of restaurants.

The restaurant list is devised and created by the Union Nationale des Restaurateurs, 22 Rue d'Anjou, Paris 8e, to whom to write for a copy.

## OUTSTANDING OFFER FOR Home FOLDING TABLE

Collect any four labels from these six products



Send labels with this privilege form

I enclose money order/cheque for £ : : , with four CWS labels for table and tea service / table / tea service (cross out where not applicable). Money orders and cheques should be made payable to the CWS, and crossed.

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(BLOCK LETTERS, PLEASE)

Cut out this coupon and post now to Home Magazine Special Offer, 1 Balloon Street, Manchester 4. This offer closes on September 30, 1964.

FOR THAT ALFRESCO

## Magazine READERS AND TEA SERVICE

BOTH POST-FREE FOR

70s.

PLUS 4 LABELS

A TWOSOME for the garden—don't they just ask to be admired! And both yours, the complete teaset and the table, at the special offer price to Home Magazine readers of only 70s. plus four of the labels, or any identifiable part of the packet, taken from the choice of the six CWS products shown in the pictures.

Or you can order the items separately. Just send 27s. 6d. for the teaset, plus four labels, or 48s. 6d. for the table, plus four labels.

The teaset is valued at 37s. 6d., so you save 10s.; and there is a 20s. saving on the table, which is valued at 68s. 6d.

You save 36s. by ordering both items together.

The money you send will include postage and packing. Your choice will arrive securely packed, all ready for use.

The teaset is an elegant 18-piece from the famous Crown Clarence range. It is decorated in charming "Dianthus" flower-spray pattern, with cups in self-colour blue outside, and white inside.

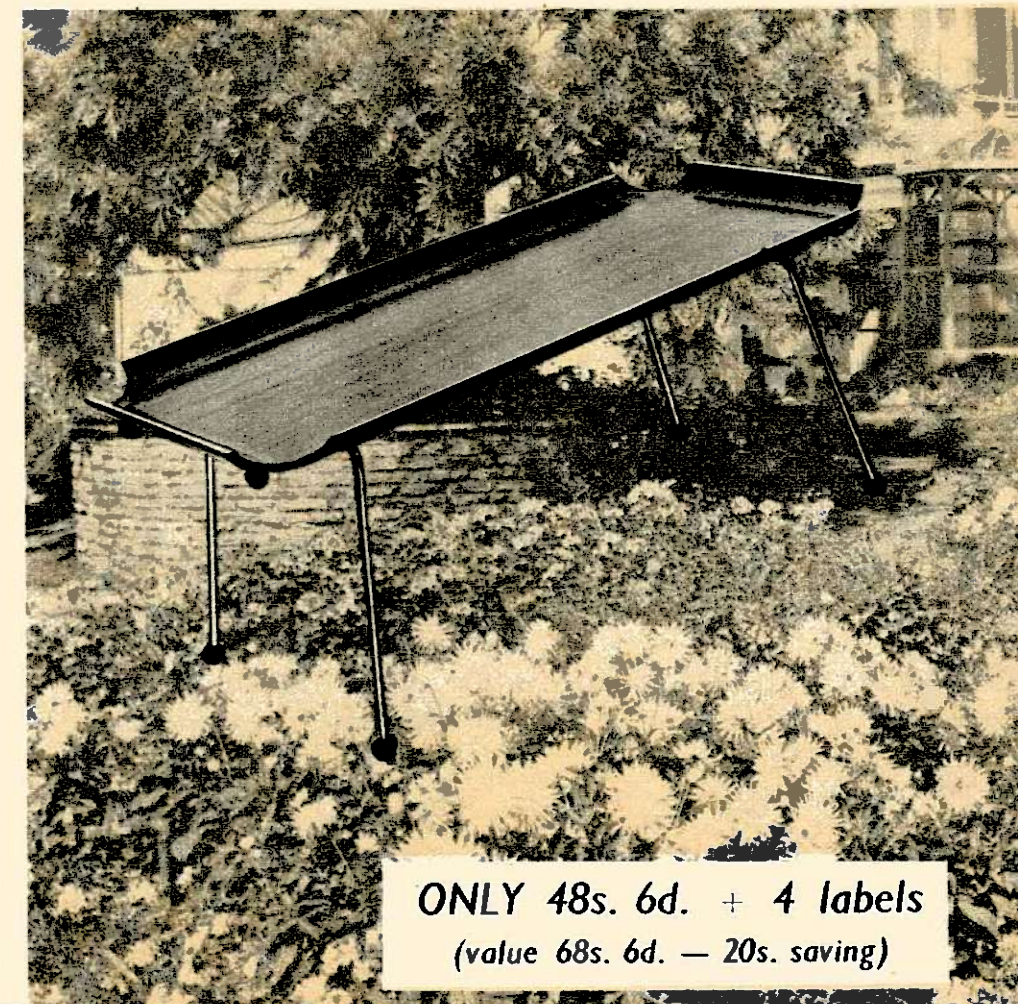
The table has adjustable leg frames and can also be used as a bed tray. It is attractively finished in light oak veneer. Legs in brass finish, with nylon feet.

Both the tea service and the table will combine stunningly together the next time you have guests and the day is hot enough to pick a shady spot in the garden.

This special offer is open to Home Magazine readers until September 30, 1964.



ONLY 27s. 6d. + 4 labels (value 37s. 6d. — 10s. saving)



ONLY 48s. 6d. + 4 labels  
(value 68s. 6d. — 20s. saving)

DAY IN THE GARDEN





# COMFORT *in* a CARDIGAN

**MATERIALS.**—11 [12, 13] balls WAVE-CREST Foam Triple Knitting. Two No. 8 and two No. 5 needles. Six buttons.

**MEASUREMENTS.**—To fit 40 [42, 44] inch chest. Length, 26½ [26½, 27] ins. Sleeve seam, 18½ ins. (adjustable).

**SIZES.**—The figures in square brackets [ ] refer to the medium and large sizes respectively.

**ABBREVIATIONS.**—k., knit; p., purl; k.b., knit into back of stitch; p.b., purl into back of stitch; st., stitch; w.r.n., wool round needle; tog., together; inc., increase by working into front and back of stitch; dec., decrease by working 2 sts. together; beg., beginning; alt., alternate; rep., repeat; patt., pattern; ins., inches.

**TENSION.**—4½ sts. and 5½ rows to the square inch on No. 5 needles, measured over stocking stitch.

## BACK

Using No. 8 needles, cast on 88 [92, 96] sts. Work in k.1, p.1 rib for 2 ins. Change to No. 5 needles and proceed in continental stocking stitch (1 row k.b. all across, 1 row p.) until work measures 17½ ins. from beg.

Shape armholes by casting off 6 [6, 7] sts. off at beg. of next 2 rows, then dec. 1 st. at both ends of next and every alt. row

as before, shape armhole by casting off 6 [7, 7] sts. at beg. of next row, then dec. 1 st. at armhole edge on next and every alt. row until 7 [7, 8] dec. have been worked at armhole edge.

Continue dec. at front edge only on every 5th row as before until 27 [28, 29] sts. remain, every 4th row until 22 [23, 23] sts. remain. Continue on these sts. until work measures same as back to shoulder shaping, finishing at armhole edge.

Shape shoulder by casting off 7 [8, 8] sts. at beg. of next and following alt. row. Work 1 row. Cast off.

## LEFT FRONT

Work to match right front, reversing all shapings.

## SLEEVES

Using No. 8 needles, cast on 42 [42, 44] sts. Work in k.1, p.1 rib for 2½ ins.

Next row: Rib 3 [3, 4], (inc. in next st., rib 6 [4, 4]) 5 [7, 7] times, inc. in next st., rib to end [48 [50, 52] sts.).

Change to No. 5 needles and proceed in continental stocking stitch, inc. 1 st. at both ends of 7th row following and every following 6th row until there are 74 [76, 78] sts. Continue on these sts. until work measures 18½ ins. from beg. (adjust length here).

Shape top by casting off 6 [6, 7] sts. at beg. of next 2 rows, then dec. 1 st. at both ends of next and every alt. row until 50 sts. remain. Cast off 3 sts. at beg. of next 10 rows. Cast off.

## FRONT BAND

Using No. 8 needles, cast on 7 sts. 1st row: k.2, (p.1, k.1) twice, k.1. 2nd row: (k.1, p.1) 3 times, k.1. Next row: k.2, p.1, w.r.n., p.2 tog., k.2. Next row: (k.1, p.1) 3 times, k.1.

Continue in rib working a buttonhole as on last 2 rows on every 21st and 22nd rows from previous buttonhole until 6 buttonholes in all have been worked. Continue in rib without further buttonholes until work measures 58 [58½, 59½] ins. from beg. Cast off.

## TO MAKE UP

Omitting ribbing, block and press on wrong side using a cool iron and dry cloth. Using a flat seam for ribbing and a fine back-stitch seam for remainder, join shoulder, side and sleeve seams and stitch Sleeves into position. Stitch Front Band into position. Attach buttons. Press seams.



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**ALWAYS!**

**JAYCEE Tipped CIGARETTES**

10 for 2/0½  
20 for 4/1



FROM  
CO-OPERATIVE STORES

# He stuck his chin out once too often

HE was a small man, only pocket-size, and in the heyday of his power he liked to be photographed from the ground as he stood on balconies, so as to give the impression of greater height than he possessed. In other words, he was vain, and vanity was to prove his undoing.

His name was Benito Mussolini; and on the morning of April 29, 1945, his body was hung, head downwards, from a girder in Milan, exposed to public execration. Beside it was the body of his mistress, Claretta Petacci, who had chosen to follow him to the end.

Mussolini was only 39 when he became Prime Minister. He had been the leader of his new movement for less than four years, after a turbulent youth and young manhood spent in political journalism, and building up a reputation for political ardour that had, more than once, got him into hot water.

He was already married to Rachele Guidi, whose place was always to be in the background, although when the end came she showed him the same love and compassion as she had done in the early days, and in the time of his prosperity.

His physical appearance was not unimpressive, Sir Ivone Kirkpatrick tells us in his book, *Mussolini, Study of a Demagogue* (Odhams Books, 45s.).

The son of a blacksmith, he was small, but solidly built. His jaw was massive. But his black, piercing eyes were perhaps his most striking feature. In public he used imperious gestures, with his head tilted back and his chin thrust forward, all of which were calculated to create the image of an iron-willed man who knew exactly where he was going. Once these calculated artifices saved his life.

In 1926 an unbalanced Irishwoman shot him as he was leaving the Capitol after opening a congress. He had his head thrown back in his usual posture and the bullet only passed through his nose.

As an orator he was the master of every trick, and the masses were always with him. But at the height of his power he had a growing and dangerous enthusiasm for war, which made him throw in his lot with Hitler in the early months of World War II, when Hitler's army had already delivered his first successful stroke against the West, his

troops over-running Norway and Denmark.

Italy entered the war on June 10, 1940, and that evening Mussolini announced to the Italian people:

"An hour marked by destiny is striking in the sky of our country, the hour of irrevocable decisions . . ."

It was irrevocable. In making that decision he had sealed his own fate.

Always, in the Axis enterprise, he was the junior partner, and by 1943 the Italian military situation had deteriorated to the extent that Mussolini was under-arrest and his 21-year-old Fascist movement had collapsed like a soap bubble, although the decision had been made still to continue the war.

He was rescued from his imprisonment by a German aircraft and flown to Germany, but he was now a lonely fugitive, dependent on the resources and goodwill of his hosts.

In a short while he was hopelessly out of touch with affairs and had no plans for his own future. But he was persuaded to return to Italy and reconstruct the government, and the last stage of his career began.



The end came in 1945. By that time, everywhere, the Italian forces were crumbling. Mussolini became a fugitive and fell into the hands of the partisans. Claretta Petacci was allowed to join her lover, and Mussolini asked her, "Why have you decided to follow me?" Claretta replied: "This is how I want it."

At about 4 p.m. on April 28, Valerio, a Communist partisan, arrived at Dongo, where Mussolini was being held, broke into his room and declared he had come to rescue him. Mussolini and Claretta were hurried to a waiting car and driven down a mountain road. Then they were ordered out, placed against a wall, and riddled with machine gun bullets at almost point-blank range.

**F. M.**

## This group gives everything

ONE group to disapprove of specialisation is The Migil Five. Mike Felix, their drummer, says that musicians should be really versatile and their aim should be to play anything. That's what the group's belief is, and they prove this on their LP *Mocking Bird Hill* (Pye NPL 18093). There's everything from blues to beat to blue beat, from the big town sound to the country and western sound, on the 14 tracks—good value for money, too!

"The greatest soul-singing you have ever had the pleasure of putting on your record player" is how *Presenting Dionne Warwick* is billed.

The disc which brought Miss Warwick to the notice of the record-buying public was: "Anyone Who Had a Heart" (although overshadowed by Cilla Black's chart-topping version), and this and her "Walk on By" are the main titles on the album. Listen, though, to "Don't Make Me Over" for a real glimpse of this artist's power and feeling in a song. On Pye NPL 28037.

Coming up with their third LP is one of the most talented of Liverpool groups. It's the *Searchers* (Pye NPL 18092) offers 14 great tracks—some which they feature in their stage act, as well as some new numbers. Included are their two Number One hits, "Needles and Pins" and "Don't Throw Your Love Away."

Twelve hit songs for 14s. 11d.—that's what *Top Twelve, Volume II* (TSL 3) gives. The songs are "ghosted" by other artists, but it must be good value at the price.



# Creatures that pinch and sting!



LOBSTER

**D**URING the summer months you may spot a jellyfish washed up on the beach. There are very few jellyfish in the sea around our coast line, but those that are seen are feared. This is because certain species carry a sting.

So examine jellyfish with care. Each jellyfish has a bell or dome of jelly, from which hang many tentacles. The most common British jellyfish has four purple rings near the centre of the dome. The largest of our natural jellyfish attains a size of about two feet.

Perhaps the most beautiful sea creature is the sea anemone. In fact, some are named after flowers; for example, the dahlia sea anemone. The creature has to be viewed under water to realise its full beauty. They occur in many colours, bright red, brown, green, yellow, orange, purple, etc. Sea anemones usually grow in clusters. Most species feed on plankton and minute sea life, which is caught with the waving tentacles. Some large sea anemones are able to seize even small fish that come within reach of the extended tentacles.

## SPONGES

Sponges are common on rocky shores. However, British sponges have no commercial use, as they are brittle. The commercial sponge comes from warmer seas, the best from the eastern

Mediterranean. The sponge is a true animal that grows like a plant.

Lobsters often move inshore during the summer. They are a larger relative of the prawn. They usually crawl about on the seabed or the rocks, and are well armed with a pair of huge pincer claws.

Lobsters are caught in special lobster

pots. They crawl through a funnel-shaped hole in the pot, and cannot get out again. In the natural state, the common lobster is a dark bluish colour on exposed parts, white underneath. They are cooked in boiling water, and they then turn to the familiar pink colour. Cornwall is well-known for lobster fishing.

## GARDENING NOTES

By  
W. E. Shewell-Cooper

**T**HERE are the strawberries to be planted this month, so choose a good variety like Cambridge Favourite Hartley Mauditt strain. Put the plants in 18 in. apart, with two feet between the rows.

Strawberries love land rich in humus, so fork in plenty of well-rotted compost at a bucketful to the square yard, and add a fish manure at four to five ounces to the square yard. If you have not got any compost of your own, then use damped sedge peat which you can get from the CWS Seeds Department. It should be soaked thoroughly before use.

When making the holes use a trowel, and make sure the holes are big enough to receive the roots spread out. Whatever you do, have no root-bunching.

Keep spraying the late varieties of potatoes with Bordeaux mixture to prevent their being badly attacked by blight. Do not forget to cover the undersurfaces of the leaves as well as the upper surfaces. If you have had an attack of blight, cut off the potatoe-tops before you dig the tubers up. That will at least prevent the spores from dropping on to the tubers, causing them later to go rotten in store.

Any tops that have been cut off can be put on to the compost heap. They will rot down even if they are diseased.

If you make your compost properly, and use an activator like poultry manure or fish manure, considerable heat will be engendered in the heap, and in consequence the disease spores will be killed. Do remember, though, that a compost heap is not a rubbish heap; it must be properly made, so that the organic matter rots down and is ready to dig into the soil.

What about earthing up the celery? Remember when doing this to wrap the stems round with brown paper first, then putting ties round to keep this in position. Or you can grip the stems tightly with one hand and draw the earth up to them with the other. The most important thing is not to let any soil get in between the stalks.

Have a look at your onions. Have you any that show a tendency to become thick-necked or bull-necked, as we sometimes call it? This can be prevented by bending the top. This also helps to ripen the bulbs better.

Feeding the leeks is very necessary if you want fine specimens. Try one of the bottled liquid manures which you can get from the CWS Seeds Department, Osmaston Park Road, Derby. These are ideal at this time of the year. Leeks should be given a feed once every ten days with the diluted solution.



## Perfection on your table

LINDEN. A trend-setter with the secret of appealing both to the traditionally-minded and the moderns. In subtle shades of blue and honey. Cup handle and foot edged in gold.

Windsor

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COLEHILL, TAMWORTH

## 'ACCIDENT-PRONE' BRIAN RECEIVES £5,500

**A**T a social evening held at the employee's club on Tuesday, July 7, Mr Brian Cornock, a member of the society's dairy staff, received a cheque for £5,500—damages awarded through legal action taken via the trades union solicitor—from the chairman, Mr C. Hames, and officials of the employees' union.

Brian was severely injured in a road accident while employed on the dairy rounds in May, 1963, but we are happy to say that he has made a good recovery.

Accident-prone Brian received the cheque with a shining black eye, the result of another accident a few days previously—and we trust this will be his last accident.

The photograph shows Brian with the chairman and members of the union committee.

### Deliverers' Outing

**N**O one seems to know when the deliverers' outing was first started. It was so many years ago, probably in the early 1920's. But it still is as much looked forward to as ever by our delivery staff, and this year was no exception.

Members know of it, as they are warned by their deliverer that on a certain Wednesday, deliveries will be early as it is the outing.

Always popular has been the North Wales run—the Horseshoe Pass, &c. This year it was again in that direction, with 40 of our deliverers thoroughly enjoying themselves on the day of their yearly get-together.

We are pleased to know of the enjoyable time that was had, and hope that this annual outing, and all other employees' activities, will continue and be enjoyed every year.

### Football Club Annual Dinner

**A** few weeks ago the Tamworth Co-operative Football Club held its first annual dinner, and a good company of players, with wives and friends, together with representatives of our society, had a most enjoyable evening.

Mr G. H. Lane, chairman of the club, gave a report of the activities for the past season, saying although the club had lost the first five matches, they had won the last ten, finishing fourth in the league table.

The secretary of the club, Mr Tromans, thanked the chairman for all his help and endeavours on behalf of the club.

Mr G. W. Wagstaffe, executive officer of the society, and president of the football club, on behalf of the society, expressed a wish that all sections of our society's sporting activities should get together to make joint efforts to the benefit of all.

The evening was rounded off with dancing.

### Thanks

**W**E are pleased to publish a further allocation of dividend to a very worthy cause—£67 8s. 9d. to the British Empire Cancer Campaign, through Share Number 8201. This is an increase of £17 0s. 0d. over last year's allocation.

A letter of appreciation and thanks has been received from the Secretary to the Cancer Research Fund to all those who have contributed their dividend.

We too, thank you all.





# WELCOME TO 'GOOD SHOPPING'

**M**ODERN trends in publications bring the need for changing of ideas in magazines, and that being so, there will only be one more issue of Home Magazine after this, for with the September issue, the Home Magazine will finish and will be replaced by a monthly magazine called Good Shopping, commencing in December.

Many members who have looked forward to first the Wheatsheaf, and then the Home Magazine each month, will miss the local pages, as Good Shopping will not have these—but it will be a lively, up-to-the-minute publication that will appeal to you all.

Good shopping will give you factual, easy-to-read information which will help the housewife with the job of shopping and running her home, and there will be regular features on cooking, knitting, fashions, home-making, do-it-yourself, gardening, articles for teenagers and children.

You will like Good Shopping, so make sure that you get your copy each month, starting in December.

Good Shopping will not be delivered to you by the bread roundsman as has been the case with the Home Magazine, but will be obtainable from the supermarket and all grocery branches. We hope to be able to include a copy in all grocery order parcels.

So, from December, we wish you good reading with Good Shopping—and after reading the magazine you will also find "good shopping" at your own Co-operative.

## GOLDEN WEDDINGS

Mr and Mrs J. T. Tilsley, 55, Flat, Knowle Hill, Hurley, August 3.

Mr and Mrs E. Bowley, Little Warton Road, Warton, August 4.

Mr and Mrs Gregory, 66, Summerfield Road, Bolehall, August 4.

## 65,000 MORE JOINED CO-OPS

**A**LTHOUGH Co-operative membership increased last year, Co-operative trade was just about the same as in 1962.

This was indicated by Mr R. Southern, Co-operative Union general

secretary, when he announced the latest estimates of Co-operative statistics.

Membership for 1963 stood at 13,205,000, an increase of 65,000 over 1962.

Estimated retail trade of the movement was £1.086 million—an increase of about £32 million or 3 per cent.

But Mr Southern said the figures required qualification. Some societies had extended their accounting period and when an adjustment of the total Co-operative trade was made to account for that change, the figure for the year was about the same as for 1962—£1.054 million.

## HOLIDAY TIME

**F**OLLOWING a special survey undertaken last year, the British Travel and Holidays Association reports that 31 million United Kingdom citizens took nearly 36 million holidays away from home last year.

Although 31 million of these holidays were taken in the UK and only 4½ million abroad, overseas holidays

accounted for more than one-third of the total expenditure of £655 million.

The proportion of holiday-makers travelling by car in the UK was 58 per cent, and 63 per cent of all main holidays began in July or August.

## Swedish Co-ops on Film

**T**HE Swedish Co-operative Union and Wholesale Society, KF, has released a colour film entitled *Together*, picturing the Co-ops in modern society.

The 40-minute movie, with many grand sweeps of the Swedish countryside, tells the story of the emerging self-service shopping centre. The viewer also makes a visit to KF's new bottling plant, Gustavbergs Fabriker and Var Gard, the organisation's college.

## Pioneers of Consumer Protection

"Those people who talk grandly about the 'consumer movement' in Britain seem to overlook the fact that the Co-operative societies pioneered consumer protection, especially the famous Toad Lane emporium in Rochdale which set standards for clean, pure food a century ago. But the public image of the Co-op today is such that its virtues tend to be overlooked and its vices exaggerated."

## OBITUARY

We regret to report the deaths of the following members, and offer our sympathy to the bereaved relatives.

Leonard Horace Rushton	Bolehall	June 12.
Edward Spare	Birchmoor	June 17.
Mary Elizabeth Jones	Belgrave	June 17.
Alice Nicholls	Tamworth	June 19.
William Booth	Bolehall	June 19.
Patience Amelia Pickering	Wilnecote	June 20.
Robert Riley	Tamworth	June 22.
Arthur Thorpe	Polesworth	June 22.
William Henry Chimock	Tamworth	June 29.

## School's Soon



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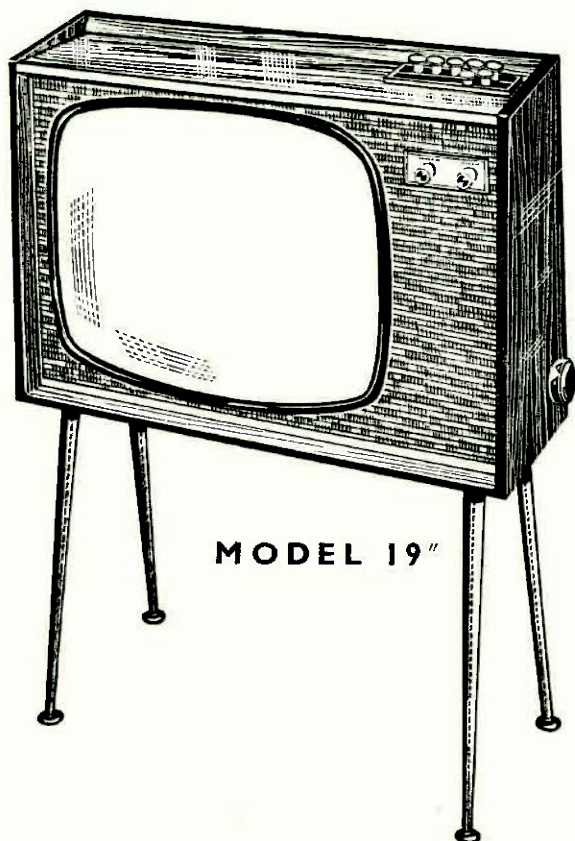
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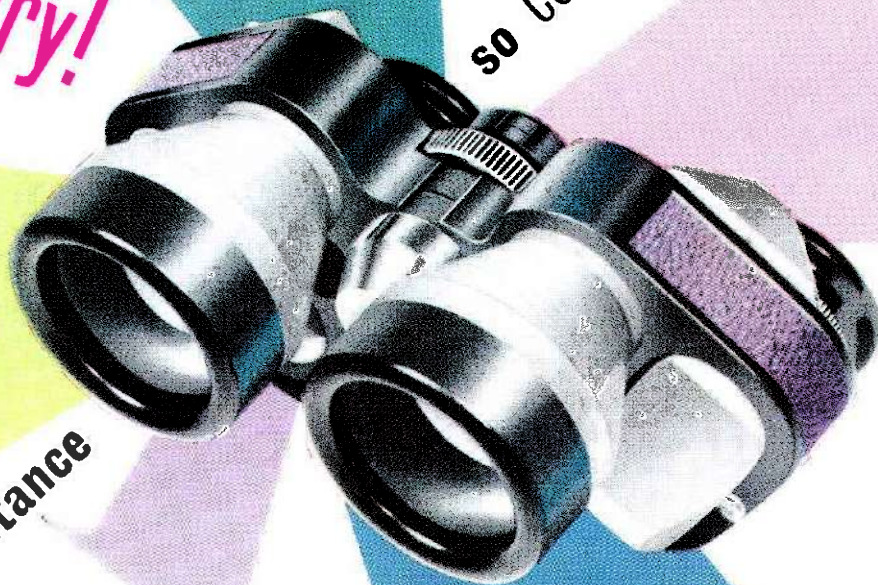


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